

# In The Know



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## Editor's Note

My goodness, it's April! Did you get fooled by any of the April Fools' Day content on the internet? It's funny how every year I get tricked by at least one fake announcement (then proceed to get disappointed that it isn't true)!

Read on to see how we've encapsulated good articles to share with you this month, such as a fun quiz at the end of the magazine and yet another amazing piece from our special guest writer Diana Gitman.

By now, you should have seen lots of chocolate eggs being sold in the supermarkets so we have compiled a list of the best places to get your cocoa fix! Be careful not to eat so much that you bounce off the walls from a sugar high (*shoves chocolate into mouth as I'm typing*).

Yours truly,

**Vivian He**  
In the Know Editor  
UNSW College





# Highlighted events

## Sydney Royal Easter Show

Each April, the Sydney Royal Easter Show transforms Sydney Showground into a lively celebration of Australian culture, farming, and fun. From 11 to 22 April, explore pavilions filled with animals, watch live shearing and equestrian displays, and experience the buzz of carnival rides, fireworks, and showbags.

Food stalls serve everything from classics to quirky eats—though prices have made headlines, with items like \$22 gnocchi sparking debate. Families can make the most of “Kids’ Day” on 22 April, when discounted tickets make the experience more accessible.

Whether you are into animals, food, rides, or rural traditions, the Easter Show is a Sydney favourite that offers something for everyone.



## Sydney Comedy Festival

Get ready to laugh out loud as the Sydney Comedy Festival returns for its 20th anniversary, bringing a month-long celebration of humour to the city from 21 April to 18 May 2025. This milestone edition promises an impressive lineup of both international stars and local comedic talents, performing across renowned venues such as the Enmore Theatre, Factory Theatre, and Sydney Opera House.

The festival kicks off with the Sydney Comedy Festival Gala, a grand opening night featuring a curated selection of top comedians delivering rapid-fire sets. Throughout the festival, audiences can enjoy a diverse range of shows, from stand-up and sketch comedy to improv and musical performances, catering to all tastes and age groups.

Whether you're a seasoned comedy aficionado or just looking for a night of entertainment, the Sydney Comedy Festival offers something for everyone. Don't miss this opportunity to experience the vibrant comedy scene that Sydney has to offer.

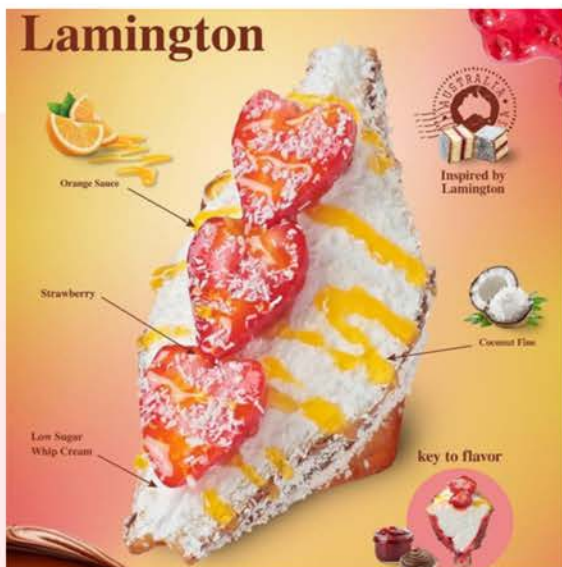
**SYDNEY  
COMEDY  
20TH ANNIVERSARY  
FESTIVAL**  
MON 21 APR - SUN 18 MAY  
PRESENTED BY **YOUNG HENRYS** SERVE THE PEOPLE



# WHO'S HUNGRY?

BRINGING YOU  
THE BEST EATS IN  
SYDNEY

## NOTEWORTHY EATERIES



### Age.3

*Shop 92/732 Harris St, Ultimo NSW 2007*

Age 3, Japan's buzzing "fried sandwich" store, has caused a stir with two-hour queues since its opening near Central. Each sandwich features golden, diagonally-cut shokupan stuffed with mouthwatering fillings. The real hurdle is choosing which one you want! There are sweet options like cinnamon apple pie, strawberry, matcha, and an Australia-exclusive flavour: lamington, or dive into savoury choices like keema curry, egg salad, and even yakisoba.

### Salumerie

*66 King St, Sydney NSW 2000*

Another sandwich eatery that deserves a massive shoutout is Salumerie, an Italian deli and sandwich bar conveniently in the CBD. Their focus is on sandwiches made from house-made focaccia stuffed with classic Italian ingredients such as prosciutto, eggplant parmigiana, and mortadella. The sandwiches are also toasted to perfection so it's crunchy on the outside but fluffy and soft on the inside. You can also purchase fresh focaccia, cheeses, and cold meats to bring home!



Image credit: Salumerie | Instagram



# Cocoa-nuts for chocolate



## Venchi

### *Various locations*

Established in 1878, Venchi has been creating decadent chocolate for over 140 years with a focus on exceptional, exotic flavours such as limoncello, olive oil and mascarpone. What makes Venchi truly special is their commitment to quality. Their pistachios and almonds come from a Sicilian paste, and their lemon filling is sourced directly from Sorrento. In addition to chocolate, Venchi also sells thick and creamy gelato so you may want to get in line because there's always a queue!

Image credit: Venchi website

## Kakawa Chocolates

*5/147 William St, Darlinghurst NSW 2010*

Kakawa Chocolates has been dedicated to crafting exceptional handmade chocolates right here in Sydney. They blend seasonal produce, including homegrown fruits, with fine origin chocolate, ensuring every piece is free from additives and preservatives. It's no wonder Kakawa Chocolates often make the list of "best place to get your chocolate fix".



Image credit: Kakawa Chocolates website



Image credit: Koko Black website

## Koko Black

### *Various locations*

Koko Black is a true indulgence for chocolate lovers, offering a luxurious range of handcrafted chocolates that are as exquisite as they are delicious. Starting out as one store in Melbourne's Royal Arcade and now stores across Australia, Koko Black combines the best of local and international ingredients to craft unique and irresistible flavours. If you're looking for a sweet pick-me-up, head into your nearest Koko Black and see for yourself why it's such a beloved Australian chocolatier!



# Haigh's Chocolates

*Various locations*

Haigh's Chocolates is Australian oldest family-owned bean-to-bar chocolate institution (meaning their chocolate is made from scratch starting from the raw cacao beans and ending with the finished chocolate product). Since 1915, Haigh's has been at the forefront of artisanal chocolate making, with a commitment to sustainability and ethical sourcing. Plus, the best part comes after you make a purchase, and the friendly staff offers you a piece of chocolate to nibble on!



Image credit: Haigh's Chocolates website



## Knafeh Said Dubai Chocolate

*95 Norton St, Leichhardt NSW 2040*

Can't make a flight to Dubai? Well, "Knafeh Said" because you can get the viral Dubai chocolate without needing to hop on a plane! Located in Spicetown, Leichhardt, come and savour the rich, premium chocolate filled with pistachios, crafted just like the renowned original from Dubai. No more paying for shipping or having a long delivery time!

Image credit: Knafeh Said Dubai Chocolate | Instagram

## Belle Fleur Fine Chocolates

*Various locations*

Belle Fleur Fine Chocolates brings over 35 years of chocolate-making expertise. Since opening their first store in Rozelle, they've had a steadfast focus to creating indulgent treats that combine Belgian chocolate with premium, locally sourced dairy products from Australian suppliers. Every piece of chocolate is meticulously handcrafted in their Petersham store, ensuring that each bite delivers unparalleled quality and flavour.



Image credit: Belle Fleur Fine Chocolates website

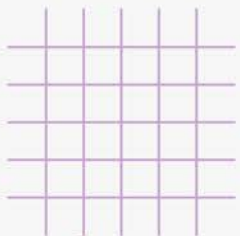
*Cocoa-nuts for chocolate*





# Let's take selfie!

## A short guide on Aussie ~~Language~~ Slang



Ever rocked up to work after a ripper weekend and thought, 'Crikey, do I even know what I'm doin' today?



If you understand this question, you're probably an Aussie

### STRUTH! WHAT'S THE DEAL WITH SLANG AND SELFIES?

Defined by Merriam Webster Dictionary as "an informal nonstandard vocabulary" that is used in daily interactions.

The word '**selfie**' first appeared in an Australian internet forum on 13<sup>th</sup> of September 2002 on 'Dr Karl Self-Serve Science Forum', a post by Nathan Hope. Fast forward to 2013, 'selfie' was added to the digital edition of the Oxford English Dictionary and awarded "Word of The Year" (Dinius 2015).

"Aussies" love abbreviations, also known as diminutives or hypocoristics, and use them so effortlessly that they are more frequently heard than the original words (Wierzbicka 1986).

In Australian English, the "-ie" sound/suffix is an ingrained part of everyday speech. Words like brolly (umbrella), **prezzie** (present), or **barbie** (barbecue), tend to be playful or childlike and convey a sense of familiarity or camaraderie (Wierzbicka 1986).



## AUSSIE RESEARCH: FAIR DINKUM FACTS OR JUST A BIG YARN?

According to Australian linguist Anna Wierzbicka, expressions like these are key features of Australian English, reflecting the informal and friendly nature of Australian culture and communication.

Additional research by Australian linguists confirms that these colloquialisms have social significance, strengthening bonds among Australian English speakers. Nenagh Kemp, a psychologist at the University of Tasmania, explained her theory to Australian Geographic, that these abbreviations make Australians seem more approachable. For example, G'day is perceived as less formal compared to Good Day (Gamble 2012).

Kemp, alongside psycholinguist Evan Kidd, conducted research supporting this theory, finding that these shortened terms enhanced the perception of likability when used by Australian speakers (Kidd et al. 2016).

YOU WON'T GET BETTER ADVICE  
THAN STRAIGHT FROM THE STAFF  
AT UNSW COLLEGE

## HOW TO SPEAK AUSSIE

Australian linguists have been focused on classifying the various ways Australians use abbreviations to gain a deeper understanding of how they are formed (Kidd et al. 2016). They have observed that Australians typically drop the first syllable of a word and then add a diminutive suffix. For example, "Australian" becomes "Aus-ie."

The primary diminutive suffixes that found use endings with ie, o, s, er, z, a. Here are some examples:

Diminutive Suffix	Example	Meaning
IE	Selfie	A self-portrait photo
O	Doggo	Dog
S	Totes	Shortened form of 'totally'
ER	Sanger	Sandwich
Z	Soz	Sorry
A	Cuppa	Cup of Tea

## TEST YOURSELF – CAN YOU TRANSLATE THIS PASSAGE?

Mate, Aussie slang isn't just about chuckin' a "G'day" or calling everyone "mate"—it's how we bond! Whether you're having a yarn at the servo, shouting your mate a cold one at the pub, or rockin' up late 'cause you were stuck in arvo traffic, these ripper expressions keep us connected. We're a laid-back bunch, always keen for a chinwag, and our slang reflects that. So next time someone says, "No worries, she'll be right," you'll know it's more than words—it's the Aussie way of life! (OpenAI 2025).



# Through the Lens

*presented by the Photography Club*  
Japan Edition



Photos by Jiangtian Xu (Aeneas)





Photos by Jiangtian Xu (Aeneas)





Photos by Jiangtian Xu (Aeneas)





Photos by Jiangtian Xu (Aeneas)



# THE POSITIVES OF VOLUNTEERING AND GIVING BACK TO THE COMMUNITY



**In today's fast-paced world, it's easy to get caught up in the pressures of daily life. However, one of the most rewarding ways to enrich our lives is through giving back to the community, and volunteering is a powerful way to do just that. Dedication your time to a local charity, offering skills to help someone in need, or simply providing a listening ear, the act of giving back can have a profound impact both on the giver and the receiver.**

## THE TRUE MEANING OF GIVING BACK

When we think of "giving back," many immediately associate it with financial donations. While money can certainly be a helpful tool in supporting community initiatives, giving back doesn't always equate to writing a cheque or donating cash. In fact, your time and effort are just as valuable, if not more so. Volunteering, whether it's helping out at a local food bank, mentoring young people, or supporting environmental initiatives, provides much-needed assistance to those in the community.

When you give your time, you're offering something that can't be replaced: your presence and your energy. This kind of support often brings a deep sense of fulfilment, knowing that you've made a difference in someone else's life. And the beauty of this is that you may never fully realise the extent of your impact. The act of kindness you provide might be something that carries on for years, rippling through the lives of others, much in the same way that a single pebble can create waves in the water.



## THE RIPPLE EFFECT OF VOLUNTEERING

There's an old saying that people may eventually forget what you say or do, but they will never forget how you made them feel. Volunteering provides an opportunity to make people feel valued and supported in ways that words and money alone can't always achieve. For instance, volunteering at a homeless shelter might mean providing someone with a warm meal, but it can also mean offering a conversation or a smile that helps lift their spirits.



The act of giving your time can inspire others to do the same. When people see others contributing to their community, it fosters a culture of kindness, empathy, and generosity. This creates a cycle where goodwill spreads from person to person, encouraging others to contribute in their own ways. The simple act of giving back, whether big or small, can be a catalyst for positive change, not just within a specific group, but within the wider community.

## PERSONAL BENEFITS OF VOLUNTEERING

Volunteering doesn't just benefit the people you're helping; it can also be incredibly fulfilling for you as the volunteer. One of the most significant benefits of giving back is the sense of purpose and satisfaction that comes from knowing you're making a tangible difference. Research has shown that people who volunteer often experience lower levels of stress and increased happiness. The act of helping others can release endorphins, the "feel-good" chemicals in the brain, which can improve your mood and mental well-being.

Furthermore, volunteering offers opportunities to develop new skills, meet like-minded individuals, and even enhance your career prospects. Many people find that their volunteer work exposes them to new experiences that help them grow personally and professionally. It's an opportunity to learn new things, from event planning and fundraising to leadership and communication skills, all of which can be transferable to other areas of your life.



# BUILDING STRONGER COMMUNITIES

At its core, volunteering strengthens the fabric of a community. When people come together to support one another, it creates a sense of belonging and interconnectedness. Strong communities are built on the willingness of individuals to step forward and lend a hand when needed.

Moreover, volunteerism addresses social issues that may otherwise go unnoticed or unresolved. For instance, in Australia, various non-profits and community groups rely heavily on volunteers to provide essential services for vulnerable populations, such as refugees, the elderly, and those facing mental health challenges. Without volunteers, many of these vital services simply wouldn't be able to function. Volunteering, therefore, is a powerful way to support the wellbeing of both individuals and the community at large.



## TRY VOLUNTEERING WITH THE UNSW COLLEGE VOLUNTEER PROGRAM


Join the UNSW College Volunteer Program and make a difference while having a great time! As a volunteer, you'll have the chance to help out at orientations, graduations, and exciting campus events, all while meeting new people and contributing to the College community. Not only is it an enjoyable experience, but becoming an active volunteer also opens the door to exclusive leadership opportunities. Volunteers who have participated in multiple events are eligible to apply for highly sought-after paid internship positions and the Student Representative Council (SRC) when applications open throughout the year. [Apply to be a UNSW College volunteer here!](#)

The benefits of volunteering are far-reaching, not only for those you help but also for your own personal growth and the overall strength of your community. While monetary donations can be significant, giving your time and effort can be just as meaningful. Volunteering offers a powerful way to make an impact, both immediately and in the long term. Remember, you may never fully realise the extent of the difference you make, but the kindness and compassion you share will be remembered long after the task is complete. Volunteering is an investment in humanity, and it is one of the most fulfilling ways to truly make a difference in the world around you. So, if you're able, consider dedicating some of your time to helping others. It may just change your life as much as it changes theirs.

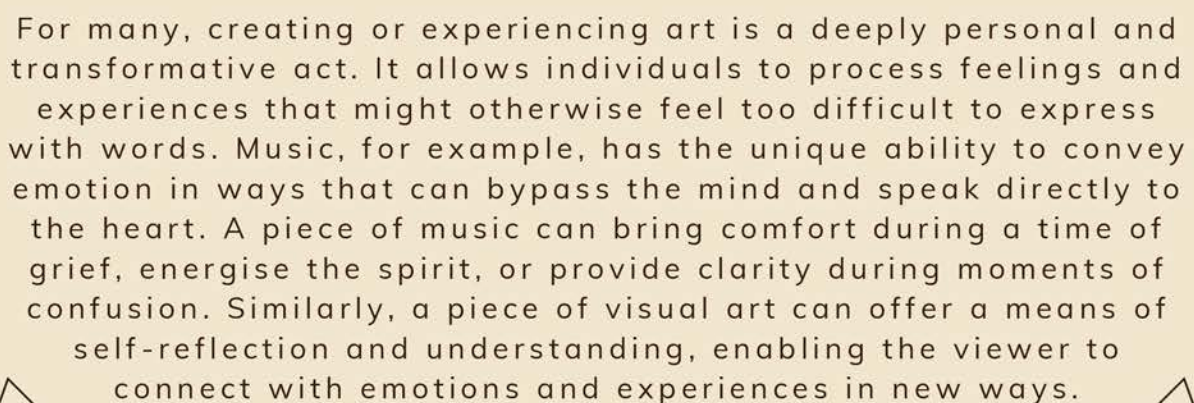




# HOW CREATIVE EXPRESSION CAN HEAL AND INSPIRE

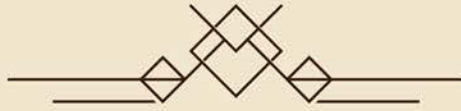


Art, in its many forms, has been a cornerstone of human expression for centuries. From the vibrant paintings of Indigenous Australian artists to the evocative lyrics of modern-day musicians, creative expression is woven into the fabric of our culture and psyche. But beyond its role in entertainment and beauty, art holds a therapeutic power that can heal, inspire, and transform lives. Whether through visual art, music, literature, or any other creative outlet, engaging with or creating art offers profound emotional and psychological benefits. It can be a path to personal growth, a means of processing complex emotions, and a source of solace in times of need.



For many, creating or experiencing art is a deeply personal and transformative act. It allows individuals to process feelings and experiences that might otherwise feel too difficult to express with words. Music, for example, has the unique ability to convey emotion in ways that can bypass the mind and speak directly to the heart. A piece of music can bring comfort during a time of grief, energise the spirit, or provide clarity during moments of confusion. Similarly, a piece of visual art can offer a means of self-reflection and understanding, enabling the viewer to connect with emotions and experiences in new ways.

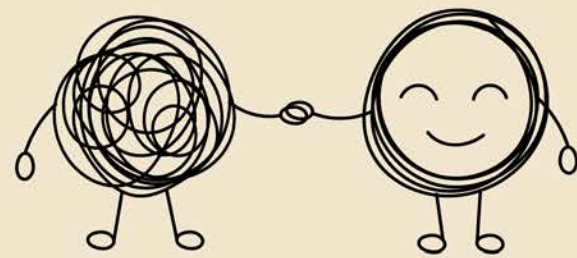




For those struggling with mental health issues such as anxiety, depression, or trauma, art therapy has proven to be a powerful tool for healing. Creative activities like drawing, painting, or playing an instrument can serve as a safe space for individuals to explore their feelings, release pent-up emotions, and gain a sense of control over their experiences. In fact, studies have shown that engaging in creative practices can lower stress levels, boost mood, and promote a sense of wellbeing.

Art therapy, in particular, has been used in clinical settings to help individuals work through past trauma and mental health challenges. By creating art, individuals can access parts of themselves that are often difficult to articulate verbally. This process not only facilitates healing but also fosters self-compassion and acceptance.

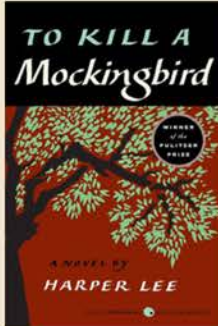
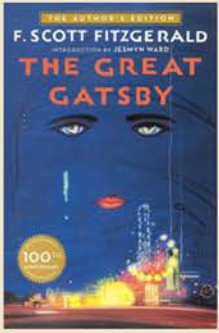
The act of creation encourages self-expression, allowing individuals to better understand their thoughts, desires, and values. Through the exploration of different mediums, people can uncover new interests, passions, and talents. Art provides a unique opportunity for individuals to experiment, take risks, and discover their own voice. For many, it becomes a lifelong journey of self-exploration, enabling them to grow not only as artists but also as individuals.



Art also has the power to inspire, not just the person creating it but those who engage with it. A piece of music, a painting, or a well-written novel can offer a fresh perspective, challenge preconceived ideas, and inspire new ways of thinking. Art has the ability to transcend cultural and language barriers, speaking to universal human experiences and emotions. It serves as a mirror to society, reflecting the challenges, triumphs, and complexities of the human condition.







For example, literature has long been a source of inspiration, offering new insights into the human experience while encouraging empathy and understanding. Books like *The Great Gatsby*, *To Kill a Mockingbird*, or more recently, *The Hate U Give*, offer readers a chance to see the world through someone else's eyes, fostering empathy and sparking important conversations about race, identity, and social justice.

Music, too, has an undeniable power to inspire.

Songs can become anthems for social movements, personal struggles, or moments of celebration. Consider the songs that have become symbols of resistance or resilience, like *Imagine* by John Lennon or *Rise Up* by Andra Day. These songs connect people across time and space, motivating and empowering them to take action or find strength in difficult times.



In a world that can often feel chaotic and uncertain, art provides a constant source of comfort, expression, and connection. It reminds us that we are not alone in our experiences, that others have felt what we feel and have created something beautiful or meaningful from their struggles.

Art is also a means of preserving culture and history, enabling us to pass down stories, beliefs, and experiences from one generation to the next. In Australia, Indigenous art holds not only aesthetic value but cultural significance, connecting modern-day audiences to the ancient traditions and wisdom of First Nations peoples. In this way, art transcends time, continuing to inspire and heal long after it has been created.

The power of art cannot be underestimated. Art holds a transformative power that can heal, inspire, and foster personal growth. It provides a space for individuals to express themselves, to explore their innermost thoughts, and to connect with the world around them. In times of adversity, art offers comfort; in moments of joy, it amplifies those emotions.



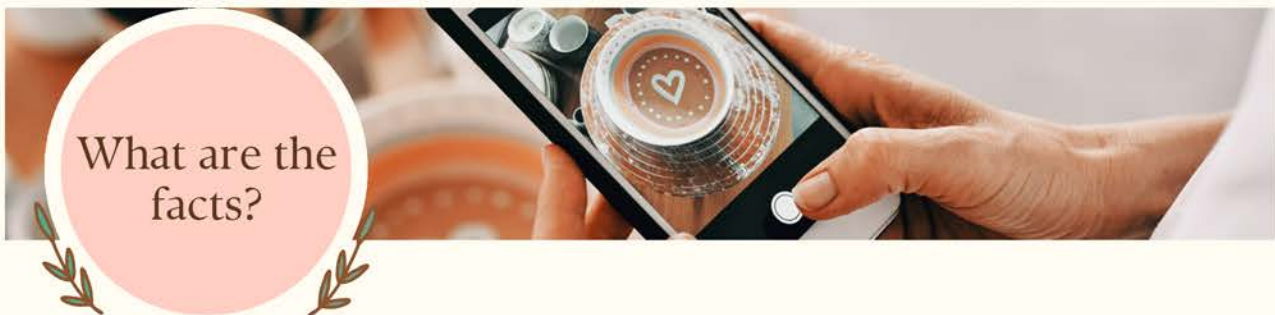


# The Good Feed



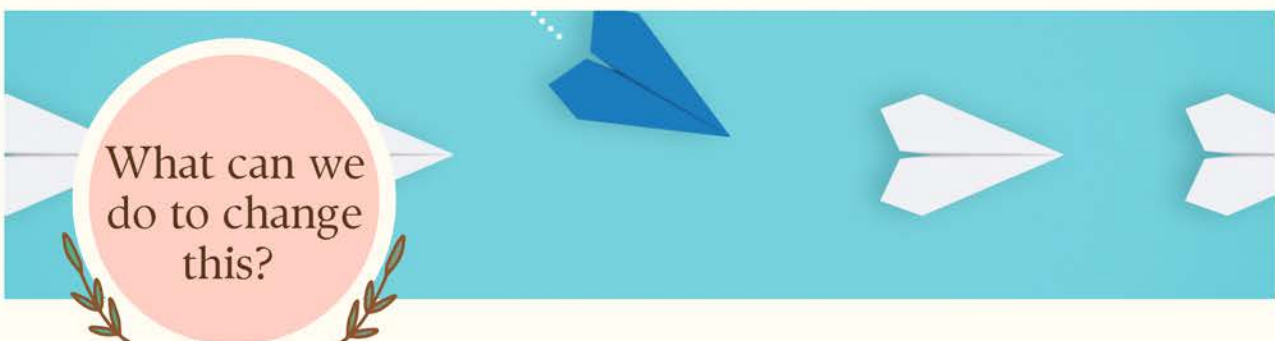
In this “Good” edition, let’s explore how something as simple as organising your social media feed can transform your mental health and daily life. Have you ever found yourself comparing your life to others’ seemingly perfect life displayed on social media?

Do you see others hanging out with friends all the time, going on fun holidays, or buying something that has always been on your wish list for months? We often forget that social media only highlights the best part of someone’s life and not every day will look like that.



The truth is... you are not alone. In a study conducted in the UK, around 9 out of 10 young adults aged 16-24 responded that they see themselves negatively and feel unhappy with their lives after comparing themselves with others on social media.

According to SBS News, Gen Zs in Australia spent an average of 10 hours each week using social media in 2024, showing how social media has become a large part of our daily life. There might be times when you come across inappropriate and unwanted content which makes you feel uncomfortable, making it important to learn about the safe ways we can approach and engage with social media platforms!



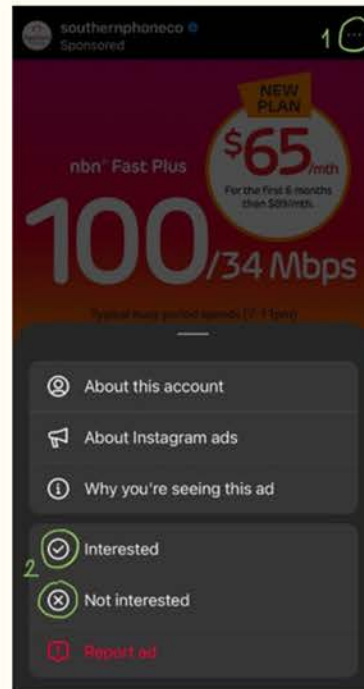
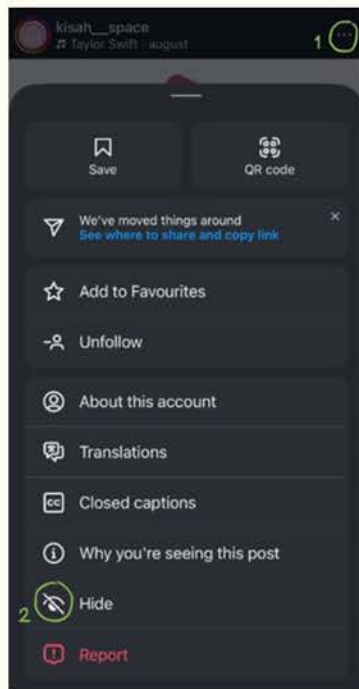
The good news is there are many ways we can make a change and create a healthier and happier social media experience. Follow the steps on the next page to find out more.



# 1

## Customise your feed

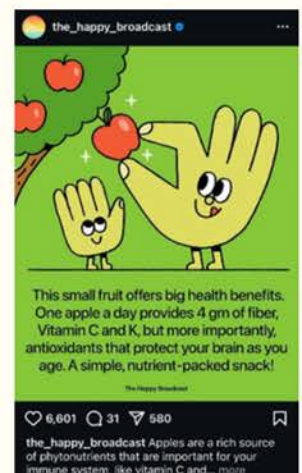
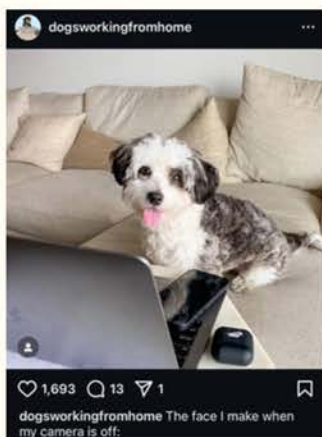
There is a 'hide' feature in Instagram that allows you to see less posts around topics that make you uncomfortable. Also, you can choose if you are interested or not in suggested posts by clicking on the three dots of the upper right of a post. This can be useful in making sure you see less of contents that can negatively impact your self-esteem while increasing more contents that uplifts and entertains you!



# 2

## Follow positive social media accounts

Follow accounts that inspire you and ignore, unfollow, or mute those that don't. Here are a few that I personally love: [The Happy Broadcast](#), [Anna Laura Art](#), [Morgan Harper Nichols](#), and [Dogs Working from Home](#) (way too cute!).





### 3

#### Stop the infinite scroll



Social media platforms have built algorithms that knows what content will grab your attention, and this can cause endless scrolling without you even realising. A few ways you can beat it is by setting screen-time limits, charging your phone outside your bedroom, create screen-free zones in your home, and being aware of why you are scrolling your phone in the first place.

### 4

#### Stay safe from cyberbullying

Cyberbullying happens when someone sends mean and negative texts, emails, posts, images, or videos. According to the eSafety commissioner, [this is how you can report abuse or content to them](#): collect evidence, report harmful content, avoid further contact, and get more help. No one should have to deal with online harassment and there are support services available for you.



### 5

#### Reach out for help



Cyberbullying happens when someone sends mean and negative texts, emails, posts, images, or videos. According to the eSafety commissioner, [this is how you can report abuse or content to them](#): collect evidence, report harmful content, avoid further contact, and get more help. No one should have to deal with online harassment and there are support services available for you.

Social media doesn't have to be a source of stress or negativity. If we use it mindfully, it can become a helping tool to boost our motivation and find positive communities with genuine connections. So, take control of your online experience and create a safe space for you to express yourself!

*Love,  
Jolin*

## CHECK THIS OUT

Don't forget to check out the latest support article on the Current Students Website below:



Embrace Reflection  
and Gratitude



View all Health and  
Wellbeing support  
articles



# BOOKS OF THE MONTH

April Edition

## THIS MONTH'S GENRE

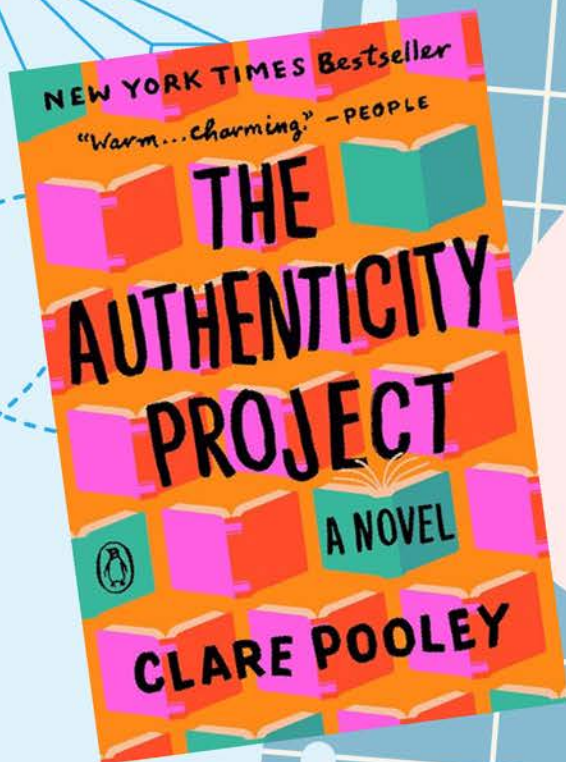
This month's picks centre around stories of fresh starts, self-discovery, and the courage it takes to begin again

## THE AUTHENTICITY PROJECT

CLARE POOLEY

A lonely artist leaves a notebook in a café, inviting strangers to write their truths in its pages. What follows is a chain reaction that connects a group of people in surprising and heartfelt ways. Each confession opens a door, each entry sparks a small act of courage.

As secrets are shared and relationships form, lives begin to shift in ways none of them could have predicted. This uplifting novel is a testament to the power of vulnerability, connection, and the bravery it takes to start over—together.



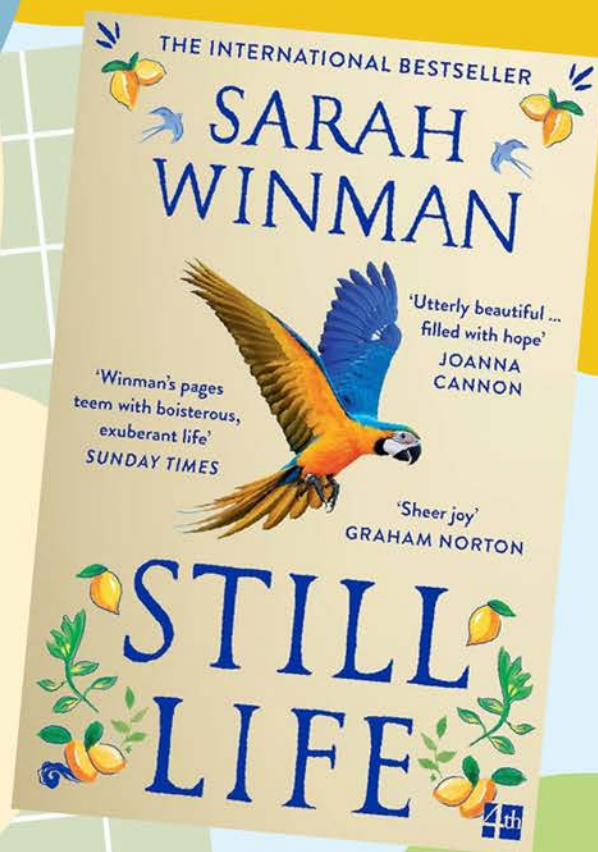


## STILL LIFE

**SARAH WINMAN**

Beginning in the ruins of wartime Italy, this story follows the unlikely bond between a young British soldier and an art historian, whose brief encounter leaves a lasting impression. As the decades unfold, their lives—and the lives of those they love—intertwine across Florence and London.

It is a celebration of art, friendship, and the families we build along the way. Told with warmth and quiet beauty, this novel embraces the idea that life is never linear and new beginnings often emerge from unexpected moments.



## THE MIDNIGHT LIBRARY

**MATT HAIG**

In a moment of despair, Nora Seed finds herself in a magical library between life and death, where every book offers a chance to live a different version of her life. As she explores paths not taken, regrets begin to unravel and reveal truths she never considered.

This thought-provoking novel is a gentle reminder that hope and change can be found in even the darkest places.





## QUIZ TIME



# What's Your perfect picnic personality?

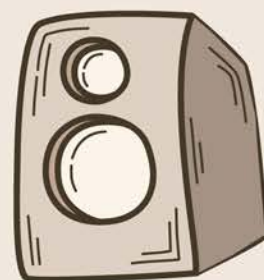


### 1. What's your go-to picnic spot?

- A) A secluded beach with a view of the ocean.
- B) A sunny park with plenty of space to throw a frisbee.
- C) A cozy backyard with a hammock and fairy lights.
- D) A hilltop with a panoramic view of the city skyline.

### 2. What's your picnic playlist like?

- A) Chill acoustic tunes to match the serene surroundings.
- B) Upbeat, energetic music to get everyone in the mood for fun!
- C) Soft indie and vintage vibes that's perfect for winding down.
- D) Classic rock or funky beats to keep the energy high.



### 3. Pick a picnic snack:

- A) A selection of fresh fruit and nuts, light and healthy.
- B) A big, bold sandwich that you can barely hold together.
- C) A delicious homemade salad with all the best toppings.
- D) A platter of gourmet chips, dips, and some fancy cheeses.

### 4. Who's joining you on your picnic?

- A) A close friend or partner for some quiet time.
- B) A group of friends ready for games and laughs.
- C) Just me, a good book and peace.
- D) A bunch of friends, food, and lots of fun activities!



### 5. How do you stay hydrated on your picnic?

- A) Freshly squeezed juices or coconut water.
- B) Ice-cold beers or soda in a cooler.
- C) Herbal iced tea or a chilled bottle of rosé.
- D) Craft cocktails or a fun lemonade with a twist.

### 6. The weather's not great. How do you deal with it?

- A) I'll wait for the sun to come out. I'm in no rush.
- B) Time for a rain dance—still going ahead!
- C) I'll head inside for a cozy indoor picnic vibe.
- D) Grab the umbrellas and keep the party going!





# RESULTS



## Mostly A's: The Chill Seeker

You love relaxing, peaceful moments in nature. Your ideal picnic is all about simplicity, fresh food, and taking in your surroundings. You enjoy slow conversations, good fruit, and calm vibes. You're happy to keep things low-key and enjoy a slower pace.

## Mostly B's: The Social Butterfly

You're all about fun, friends, and action! Your picnics are high-energy, filled with games, laughter, and lots of tasty treats. A picnic is a chance to catch up with everyone, make memories, and enjoy some delicious sandwiches and cold drinks with a side of adventure.



## Mostly C's: The Solitary Dreamer

For you, a picnic is an escape into your own little world. You love quiet moments with a good book, good food, and just being in your own space. Your picnic is about relaxation, taking your time, and indulging in something light and nourishing. You're all about inner peace and serenity.

## Mostly D's: The Party Planner

A picnic is your perfect excuse to throw a celebration. You bring energy, creativity, and an array of gourmet snacks to share with a big group. You love to mix it up with fun activities, music, and tasty nibbles. Whether it's cocktails or fancy cheeses, your picnics are always a lively and memorable experience.





# Contact Us



## Welcoming all submissions to the newsletter!

Got a fresh idea, content suggestion, your best kept secret of Sydney, or a tale of your student experience here at UNSW College you'd like to share?

Click the button below to send us your submission for a chance to get featured in next month's issue!



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